

JSS AYURVEDA MEDICAL COLLEGE AND HOSPITAL, MYSURU

TIME TABLE of Academic Year 2026-27
Time Table - III Prof. BAMS (PROF. BATCH 2022-23) -1st Term


Day/Time	09.30 am to 10.30 am	10.30 am to 11.30 am	11.30 am to 12.30 pm	12.30 pm to 01.30 pm	01.30 pm to 02.30 pm	W.E.F.04/05/2026		
						02.30 pm to 03.30 pm	03.30 pm to 04.30 pm	04.30 pm to 05.00 pm
MON	KC – LHT Dr Netra B Hubballi (ASP)	KB – LHT Dr Jyothy KB (P)/ Dr Visal S Kumar (ASP)	PTSR – NLHT Dr Lakshmi KA (AP)	SLK – LHT Dr Pooja PK (AP)	L U N C H B R E A K	SLK – NLHP/ Samhita Parayana Dr Gavimath Shivanand (P)/ Dr Sandhyarani D (P)/ Dr Greeshma Menon (AP)/ Dr Chaya C (AP)/ Dr Pooja PK (AP)		Mentor – Mentee Meeting/ Recreation
TUE	PTSR – LHT Dr Tejaswini KR (ASP)	PK – LHT Dr Vineeth CP (AP)	KC – NLHT Dr Deepa C Patil (P)	KB – LHT Dr Srihari S (P)/ Dr Preethi HM (AP)/ Dr Vaisakh K (AP)		KC – NLHP/ Samhita Parayana Dr Deepa C Patil (P)/ Dr Beena MD (P)/ Dr Harshitha H S (AP)		Physical Education/ Yoga for Fitness
WED	PK – NLHP/ Samhita Parayana Dr Seethadevi P (P)/ Dr Jyoti (ASP)/ Dr Manasa SD (ASP)/ Dr Vineeth CP (AP)/ Dr Apoorva MS (AP)		KB – NLHT Dr Vaisakh K (AP)/ Dr Puja MS (AP)	PK – NLHT Dr Vineeth CP (AP)		SLK – LHT Dr Chaya C (AP)	SA – 3 NLHT Dr Kavya K (AP)	Library
THU	KB – NLHP/ Samhita Parayana Dr Srihari S (P)/ Dr Visal S Kumar (ASP)/ Dr Preethi HM (AP)/ Dr Vaisakh K (AP)/ Dr Puja MS (AP)		ST – NLHT Dr Adithya JV (ASP)/ Dr Poornima PKM (AP)	PTSR – LHT Dr Jyothika Hublikar (AP)		ST – NLHP/ Samhita Parayana Dr Poornima Jalawadi (ASP)/ Dr Aiyanna PP (ASP)/ Dr Aditya JV (ASP)/ Dr Poornima PKM (AP)/ Dr Priyadarshini (AP)		Cultural/ Literary
FRI	SA – 3 LHT Dr Syamily P (AP)	ST – LHT Dr Siddayya Aradhyamath (P)/ Dr Priyadarshini DJ (AP)	PK – LHT Dr Seethadevi P (P)	KC – LHT Dr Beena MD (P)		PTSR – NLHP/ Samhita Parayana Dr Usha DT (P)/ Dr Nanda K O (ASP)/ Dr Tejaswini KR (ASP)/ Dr Shruthi M (ASP)/ Dr Lakshmi KA (AP)/ Dr Jyothika Hublikar (AP)		NSS
SAT	ST – LHT Dr Poornima Jalawadi (ASP)/ Dr Aiyanna PP (ASP)	KC – NLHP Dr Anukrishna P (AP)/ Dr Maithri GM (AP)	SLK – NLHT Dr Sarbeswar Kar (P)/ Dr Gavimath Shivanand (P)/ Dr Sandhyarani D (P)	SA – 3 NLHT/ Samhita Parayana Dr Kavya K (AP)		HALF DAY		

NOTE: If classes are not conducted regularly as per the official timetable, or if a designated faculty member is found to be consistently absent, students are encouraged to report the matter. Please submit your grievance to president.marbism@ncismindia.org, including your Full Name and Enrolment/Roll Number. (Rest assured the identity of the complainant and the details of the report will be kept strictly confidential).

LHT – Non Lecture Hour Theory; NLHT – Non Lecture Hour Theory; NLHP – Non Lecture Hour Practical
 P=Professor, ASP=Associate Professor, AP=Assistant Professor.

KC – Kayachikithsa ; ST – Shalyatantra; SLK – Shalakyatantra; PTSR – Prasuti Tantra and Stree Roga; KB – Kaumarabhrithya; PK – Panchakarma; SA – 3 – Samhita Adhyayana – 3


UG Coordinator


Principal
J.S.S. Ayurveda Medical College
Mysore

- Copy to,**
1. Dean, Academics
 2. UG Co-ordinator, Class Co-ordinator, Coordinators CPIC, QCI & Time Table
 3. HOD of Concerned department
 4. Notice Board & Office Copy