

## Scientific Oral and Poster Presentations

- Delegates get an opportunity to present their research work and review articles either as Oral or Poster presentation in the conference. Each presenter will be awarded with a certificate.
- For Oral presentation, 4+1 mins of time will be allotted.
- For Poster presentation, the poster dimension should not be more than 90cms X 60cms. The concepts in poster should be either in schematic or pictorial presentation.

## Guidelines for submitting an Abstract

- The title of the abstract should be as precise as possible and should appear in bold, upper case and centred.
- Authors, Co-authors, affiliations with full address and contact details should be mentioned below the title in italics (the main and presenting author's name should be underlined).
- Abstracts should be sent in MS Word document only, with not more than 300 words, main body of text to be left aligned, single spacing throughout, with Times new roman font size of 12.
- For Poster presentation, along with an abstract, soft copy of poster in JPEG format should also be sent.

## Topics for presentation

- Applied anatomy and physiology in Pain and Inflammation.
- Doshic understanding of Pain and Inflammation.
- Various treatment modalities in Pain and Inflammation of different systems.
- Pain and Inflammation and their management in urdhwajatrugata vyadhi.
- Pain and Inflammation and their management in Pediatric group.
- Pain and Inflammation and their management in Garbhini and Stri roga.
- Ekamoolika prayoga and Rasoushadi in Pain and Inflammation.
- Acute pain management with Agnikarma, Siravyadha and other modalities.
- Yoga, Pathya and apathya in the management of Pain and Inflammation.
- Clinical case studies and success stories of cases of pain and inflammation.

Each properly completed submission will be reviewed for its scientific merit and significance and the scientific committee reserves the right to accept it.

Abstracts selected for presentation will be published in the Conference e-Souvenir.

Best oral and poster presentations will be awarded.

**Last date for sending abstract – 25th September 2023**

Abstracts should be sent to [trishulajssamc@gmail.com](mailto:trishulajssamc@gmail.com)

## Registration Details:

**Registration Fee – Rs. 500/- (Five Hundred rupees only)**

Google form link for registration:

<https://forms.gle/dHoNYwqDn5dNHMnF6>

Registration fee includes participation in scientific sessions, paper and poster presentations, conference kit, food and participation certificate.

### Bank Details:

Account Holders Name:

**The Principal, JSS Ayurveda Medical College, Mysuru.**

Bank Name & Branch : Karnataka Bank Ltd., Siddarthanagar, Mysuru.

A/C No. : 5072000100068501

IFSC Code : KARB0000507

MICR No. : 570052006



SCAN TO REGISTER

**No Spot Registration.  
No Accomodation Facility.**

## Organizing Committee

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Jagadguru Sri Veerasimhasana Mahasamsthaana Math, Suttur Sri Kshetra

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Write to us @ [trishulajssamc@gmail.com](mailto:trishulajssamc@gmail.com)



JSS Mahavidyapeetha

**JSS Ayurveda Medical College & Hospital**

No.41/E, Lalithadripura Road, Alanahalli, Mysuru.

In commemoration with 108th Jayanthi Celebration of  
His Holiness Jagadguru Rajagurutilaka Dr. Sri Shivaratri Rajendra Mahaswamiji  
With Divine Blessings

His Holiness Jagadguru Sri Shivarathri Deshikendra Mahaswamiji  
Sri Veerasimhasana Mahasamsthaana Math, Suttur Sri Kshetra



# trishula

**3 DOSHA... 3 SHOTHA... 3 SUTRA...**

**National Conference on Pain & Inflammation  
An Integrated Approach**

**Friday, 29<sup>th</sup> September 2023**

**Dept. of PG Studies in Roganidana Evum Vikruti Vignana**

Venue : **Sri Rajendra Centenary Auditorium**  
JSS Hospital, Mahatma Gandhi Road, Mysuru 570 004

## About the Organisation

Jagadguru Sri Veerasimhasana Mahasamsathana Math, Suttur Srikshetra, Mysuru District, is one of the foremost Math, committed to the cause of social and spiritual welfare of the people and has a long history of over one thousand years. The activities of the math acquired a totally new dimension with the establishment of JSS Mahavidyapeetha in 1954 by the 23rd Pontiff, His Holiness Jagadguru Rajagurutilaka Dr. Sri Shivarathri Rajendra Mahaswamiji, who firmly believed that educational excellence is the only panacea for all social evils. With this conviction, Mahaswamiji started several schools and hostels across Southern Karnataka, which offered free education and food to thousands of students from poorer sections of the society.

JSS Mahavidyapeetha, a not-for-profit organization, over seven decades, is providing quality education from kindergarten to post-doctoral levels in all streams of knowledge including medical, technical, advanced research facilities and skill training. Two Universities; one relating to Science and Technology and the other related to Medical and Allied Sciences are working under JSS Mahavidyapeetha. His Holiness Jagadguru Sri Shivarathri Deshikendra Mahaswamiji, the present and the 24th pontiff actively oversees the activities of JSS Mahavidyapeetha, which has more than 350 educational institutions spread all over India and abroad. Apart from the contribution to education, JSS Mahavidyapeetha has also given due importance in promoting health care through modern and traditional medicines.

JSS Ayurveda Medical College was established in 1996 under the aegis of JSS Mahavidyapeetha, Mysuru. The institution is recognised by National Commission for Indian System of Medicine, New Delhi and affiliated to Rajiv Gandhi University of Health Sciences, Bengaluru, Karnataka. This institution is imparting degree course of BAMS and Post-Graduation degree courses (MD / MS (Ayu)) in 10 specialities and PhD in two subjects. The college is under the process of getting NAAC accreditation with all infrastructure for educational training and research work.

The 250 bedded JSS Ayurveda hospital is a teaching hospital, accredited to NABH since 2017 is having all facilities for patient care and clinical research, delivering quality health care services for the health seekers.

Campus is spread across large 15 acres area, which is situated in the serene outskirts, under the foothills of Chamundi hills. Since its inception in 1996, JSS Ayurveda Medical College has been one of the premier Ayurveda institutions in the country providing excellent academic delivery, research and infrastructure to its students. The institution also provides Research and other activities and programs which creates more significant opportunities for all round development.

# trishula

3 DOSHA... 3 SHOTHA... 3 SUTRA...

National Conference on Pain & Inflammation An Integrated approach

29<sup>th</sup> September 2023

Dept. of PG studies in Roganidana Evum Vikruti Vignana

## Program Schedule

Schedule	TIME
Scientific Paper Presentation	8AM – 9:30AM
Breakfast	9AM – 9:45AM
Inauguration	10:00-10:45AM
Keynote address	10:45AM-11:30AM
 <b>Dr. Hrishikesh Damle</b> CEO, Atrimed Pharmaceuticals	
Scientific Session – 1	11:30AM-12:15PM
 <b>Dr. Pallavi. P</b> Associate Professor Dept. of Pathology JSS Medical College, Mysuru	
Scientific Session – 2	12:15PM-1:00PM
 <b>Dr. Anil Kumar. M. R</b> Professor Dept. of Pain & Anesthesiology JSS Medical College, Mysuru	
Lunch	1:00PM - 1:45PM
Scientific Session – 3	1:45PM – 2:30PM
 <b>Dr. Prasanna. N. Mogasale</b> Associate Professor Dept. of PG & PhD Studies in Roganidana, SDM College of Ayurveda, Udupi	
Scientific Session – 4	2:30PM – 3:15PM
 <b>Dr. Subash Chandra Bose. M</b> Professor Dept. of PG studies in Roganidana JSS Ayurveda Medical College, Mysuru	
Scientific Session – 5	3:15PM – 4:00PM
 <b>Dr. Durga Prasad</b> Head - Dabur Ayurveda Dabur India Limited	
Valedictory Program	4:00PM-5:00PM

## Welcome Message

Greetings from JSS Ayurveda Medical College & Hospital, Mysuru, Karnataka.

To commemorate 108th Jayanthi Celebrations of His Holiness Jagadguru Rajagurutilaka Dr. Sri Shivarathri Rajendra Mahaswamiji, founder of JSS Institutions, Dept. of PG studies in Roganidana evam Vikruti Vignana of our institution is organising a National Conference on Pain and Inflammation – an Integrated Approach, titled TRISHULA on 29th September 2023.

We the organising committee whole heartedly open doors to all to JSSAMC, Mysuru for TRISHULA - National Conference on Pain and Inflammation – an Integrated Approach.

## Theme of The Conference

त्रिशूल निखातवत् – Pain is defined as a subjective sensation, where one feels as if being pierced by a sharp object like Trishula. Pain of any origin, is the commonest complaint which brings a sufferer to a Doctor. Inflammation is defined as body's response to damage, which can be from an external source or from within. Pain and Inflammation are two faces of the same coin and are hallmarks in the disease process of different bodily systems.

Vata, Pitta, Kapha, the Tridosha are care takers of body's homeostasis. But when vitiated, they turnout to be the initiators of various vyadhi samprapti. As quoted, there cannot be pain without Vata, redness without Pitta and swelling without Kapha. Thus Tridosha may be termed as 3 pillars of Inflammation. Solely and in combination, these tridosha cause pathological vagaries and present with shula and shotha.

This National Conference on Pain and Inflammation – an Integrated Approach is being conducted in commemoration with 108th Jayanthi Celebrations of His Holiness Jagadguru Rajagurutilaka Dr. Sri Shivarathri Rajendra Mahaswamiji, who fore visioned educated society through Akshara Dasoha, is intended to give a multi-disciplinary, integrated approach to Pain and Inflammation for better understanding. It is planned to make this a significant event that brings together bright minds, renowned scholars, academicians and experts in the field of Pathology, Pain and Anaesthesiology, Roganidana and Kayachikitsa to unravel their knowledge and experiences in understanding and management of Pain and Inflammation.

The conference comprises of a Key note address, 5 Scientific deliberations and Scientific Oral and Poster presentations from intellectuals, budding researchers and experts. The conference is open for Faculty, Practitioners, PhD & PG scholars, Interns and UG students across the country.

## Important Dates

Last date for Registration : 20th September 2023  
Last date for Abstract submission : 25th September 2023  
Conference Date : 29th September 2023