Rasayana Chikitsa In Badhirya - Sensory Neural Hearing Loss - A Single Case Report

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ABSTRACT:

Introduction: Hearing loss, is partial or total inability to hear, Sensory Neural Hearing Loss is one among the types of hearing loss, in which the abnormality lies in the cochlea, auditory nerve, neural pathway or auditory cortex. Loss of hearing is considered as 4th leading disability Worldwide affecting about 10% of total population causing moderate to severe disability in 466 million people. The quality of the sound perceived in hearing loss is so poor that speech cannot be understood which in turn affects day to day, leading to frustration, depression and those affected will move away from social activities.

Materials and Methods: A 27 year old male subject suffering from signs and symptoms of Sensori neural Hearing Loss was taken for the study, from Shalakya Tantra OPD of SJIIM Hospital, Bengaluru. He was treated according to Chikitsa Sutra of Badhirya. Rasyana therapy was given for 3 months.

Results: There was improvement both subjectively and objectively as found in PTA.

Discussion: Treatment of Badhirya is similar to Vataja Karnashoola because of Vata predominance in both the diseases. Even though for SNHL there are a lot of treatments available, there is a need for rejuvenating therapy to restore the damaged organ.

Key words: Badhirya, Sensory neural hearing loss, Rasayana chikitsa,