

**LITERARY REVIEW ON PARPATI KALPANAS****Rajendra Prasad M. L.*¹, Kavyashree B. P.² and Mukta³**¹Asst. Prof., Dept. of RS & BK, JSSAMC, MYSURU.²PG Scholar, Dept. of RS & BK, JSSAMC, MYSURU.³PG Scholar, Dept. of RS & BK, JSSAMC, MYSURU.Article Received on
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BK, JSSAMC, MYSURU.**ABSTRACT**

Parpati kalpanas are important preparations which are mentioned in Rasashastra texts like Rasatarangini, Yogaratnakara etc. These preparations are used in treating Grahani, Prameha & other vyadhies. Parpati kalpanas are one among the basic preparation in Rasayogas. The current article is to highlight the different examples of Parpati kalpanas & its theurapetic usage which is mentioned in Rasashastra texts.

KEYWORDS: Parpati, Grahani, Prameha, Rasayogas.**INTRODUCTION**

Rasashastra is a science which deals with Mercury, Minerals, Metals, Gemstones, Calcium compounds, Herbo-mineral formulations etc. Parpati kalpanas are one of the important preparations which is indicated in Grahani, Prameha, & other diseases. Different example of Parpati kalpanas are selected in different texts. An effort is made in this regard to gather all the available references of Parpati kalpanas in this review article.

General method of preparation of Parpati kalpans

Kajjali is prepared and taken in Iron pan which is smeared with ghee. It is heated on low fire with little quantity of ghee. When it melts, it is poured on the Kadali patra which is smeared with ghee and which is placed on the cowdung mass. It is immediately covered with another ghee smeared Kadali patra & pressed over it to give Parpati shape (thin sheets or flakes) after self cooling, it is collected.

Examples of Parpati kalpa's

SI NO.	Name	Ingredients	Dose	Anupana	Indication	Reference
1	Rasa Parpati	Sh. Parada Sh. Gandhaka	125 - 250 mg	Dadimas- warasa, Ksheera, Takra etc.	Grahani, Kshaya, Arshas, Yakrit vikaras etc.	R.T
2	Lauha Parpati	Sh. Parada – 3 p Sh. Gandhaka- 1 ½ p Loha bhasma – 1 ½ p Vatsanabha – 1 p	125 - 250 mg		Pandu, Dadru, Switra, Prameha etc.	Bha. Rat.
3	Sweta Parpati	Sh. Parada- 4 p Sh.Gandhaka- 4 p Swarna Patra- 1 p	1-4 ratti	Madhu, Ksheera etc	Vrushya, Grahani, Pandu, Yakrit Vikara, Kshaya etc.	Bha.Rat
4	Gagana or Vyoma Parpati	Sh. Parada - 1 p Sh. Gandhaka - 1p Abhraka bhasma - 1 p	1-2 ratti		Pandu, Grahani, Atisara, Swasa etc.	Si. Yo. San
5	Vijaya Parpati	Sh. Parada- 2 p Sh. Gandhaka- 4 p Swarna bhasma – 1/2 p Raupya bhasma- 1/4 p Mukta bhasma- 1/4 th p Vaikranta bhasma- 1/4 th p	1-2 ratti		Grahani , Atisara, Kamala, Pandu etc.	Bha Rat
6	Panchamrita Parpati	Sh.Parada -4 p Sh.Gandhaka- 5 p LohaBhasma – 3 p AbhrakaBhasm -a – 1 p Tamra Bhasma – 2 p	1- 2 ratti	Madhu, Ghee etc	Grahani, Atisara, Amlapitta etc.	Bha. Rat.
7	Shweta Parpati	Kalmisora – 8 p	2-8 ratti	Jala, Narikelajal	Mutrakrucchra , Mutraghata,	

		Sphatika – 1 p Navasadara – ½ p		-a	Ashmari	
8	Bola Parpati	Sh. Parada - 1 p Sh. Gandhaka - 1 p Bola Churna - 1 p	1- 6 ratti	Madhu, Sharkara	Rakta atisara, Rakta pradara, Rakta Arshas, Rakta pitta.	Yogaratnak -ara
9	Tamra Parpati	Sh. Parada - 2 p Sh. Gandhaka - 2 p Tamra Bhasma - 1p Sh. Vatsanabha - 1 p	½ - 1 ratti	Ardraka swarasa.	Grahani, Kushta, Yakritpleeha vikara.	
10	Sarveshwara Parpati rasa	Bhasma of Rasa, Maharasa, Uparasa, Sadharana rasa, loha- 1karsha Ratna Bhasma- 1 valla Sh Parada- 4 times Sh. Gandhaka- 4 times Sh. Vatsanabha - 1/4 p	1 ratti	Maricha churna, Adraka swarasa	Vidhradi, Vrididi, Kshaya, Pandu, Grahani, Gulma, Mutra roga, Arsha, Pliha, Yakrit, Prameha, Soma roga, Pradara, Udara, Mandagni Janita roga	RRS
11.	Kushthanta Parpati Rasa	Sh.Parada- 1 pala Sh. Gandhaka- 1 karsha Tamra Bhasma- 1 karsha Shu. Vatsanabha- 1 pala	1 masha	Bakuchi churna, Madhu	Gajacharma Kushta	RRS
12	Mani Parpati	Vajra bhasma, Marakata bhasma, Pushparaga bhasma, Indraneela bhasma, Sh. Parada, Sh. Gandhaka- 1	1 ratti	Madhu	Nasa roga	RRS

		part each				
13	Jware Parpati	Sh. Parada, Sh. Gandhaka- 1 part each	1 valla	Ardraka swarasa	Nava jwara	RRS
14	Saptamrita Parpati	Parada bhasma, Swarna bhasma, Rajata bhasma, Abhraka satwa bhasma, Kanta Loha bhasma, Tamra bhasma- 1 part each, sh. Gandhaka- 2 part	1-6 ratti	Madhu, Ardraka swarasa, Pippali churna, Tulasi swarasa, Vasa swarasa	Mandagni, Kasa, Shwasa	RPS
15.	Swarna Parpati	Sh.Parada-4p, sh.Swarna patra-1p, sh.Gandhaka-4p	1 Gunja and increased to 10 Gunja	Madhu, Ksheera	Pitta shodana, Krmihara, Bala vardhaka, Vrsya, Grahani, Sosa, Kshaya, Kasa, Prameha, Sula, Atisara, Mandagni, Pandu, Yakrtvrddi	Bha Rat
16	Rudra Parpati	Sh.Parada-2p, sh. Gandhaka-2p, Tamra bhasma-1/4p, sh. Vatsanabha-1/4 p	2 ratti	Bhanga, Madhu, Nir-gundi churna	Vata Janya Kasa	Rasa Kamadhen- u
17	Amrita Parpati	Sh.Parada, Sh. Gandhaka, Tamra Bhasma	2 Ratti	Madhu	Sarva Rogahara, Rasayana	Rasa Kamadhen- u
18	Pranada Parpati	Sh.Parada, Abhraka Bhasma, Loha bhasma, Naga bhasma, Vanga bhasma, Maricha, sh. Vatsanabha- 1 Part each, sh. Gandhaka- 7 p			Pandu, Atisara, Grahani, Jwara, Aruchi, Kasa, Yakshma, Meha, Mandagni	Yoga Ratnakara
19	Chandramrita Parpati	Trikatu, Triphala, Chavya, Dhnyaka,	1 masha	Anna, Manda, Nila Kamala	Kasa	BRRS

		Jiraka, Saindhva- each 1 p, Sh. Parada, Sh. Gandhaka, Loha bhasma, - 2 part each, Sh. Tamra-4 part, Maricha-2 part		swarsa		
20	Ama Parpati Rasa	Sh.Parada-1p, Sh. Gandhaka- 1p	7 Sarshapa	Dadhimast -u	Grahani, Atisara, Jwara, Deepana	RJN
21	Sutendra Parpati	Sh.Parada-5p, Sh.Gandhaka- 15p, Tamra bhasma-5p, Mukta bhasma, Vaikranta bhasma, Manikya bhasma, Pravala bhasma, Varatika bhasma- 1 part each			Sarva vyadhi nashaka	RJN
22	Bhuvansehwa -ra Parpati	Swarna bhasma, Rajata, Tamra, Abhraka, Kanta loha, Naga and Vanga	1 ratti	Madhu, Tri -katu	Kshaya, Kasa, Shwasa, Visoochika, Prameha, Udara, Arochaka, Praseka, Guda roga, Shula, Kushta, Vataja Jwara, Vibandha, Grahani, Kaphaja roga	RJN
23	Vajra Parpati	Vajra, Swarna, Parada, Rajata, Mukta, Tamra, Abhraka-1part each, Sh. Gandhaka-7 p			Sarva roga, Jara Mrityu nasha	RJN
24	Mandura Parpati	Sh.Parada-1p, Sh.Gandhaka- 2p, Mandura bhasma-1p	1-3 ratti	Jeeraka, Dughda	Pandu, Pliha, Mandagni, Grahani	Siddhayoga Sangraha
25	Sudha Parpati	Sudha churna- 1p,	1-2 ratti	Jala, Dughda	Yuvana pidaka,	RA

		Sh.Gandhaka-2p			Gandamala, Prameha pidaka, Twak roga	
26	Ratna Parpati	Vajra, Swarna, Parada, Rajata, Mukta, Tamra, Abharaka-1part each, Sh.Gandhaka-7 parts			Jwara, Grahani, Shwasa, Kasa, Yakshma, Shula, Pliha, Arsa, Kamala, Balya, Vrishya, Rasayana, Kantiprada	Rasendra Sambhava

DISCUSSION

- More than 20 Parpati kalpas are mentioned in the text, where the usage of these parpati's are very less.
- Generally parpati preparations are indicated in Grahani roga. But the Shweta parpati is indicated in mutra ashmari which is prepared with different ingredient & without ghee.
- Though parpati is in shape of flake or disc. Finally it is powdered & mixed with herbal drugs & is indicated.
- It is important to note that, though Parpati is given in Grahani roga and also it is given in many disorders like Pandu, Prameha, Kshaya etc with different Anupanas.

CONCLUSION

To manage Grahani, Pandu, Kamala, Prameha etc rogas parpati kalpas or formulation are best with suitable Anupanas.

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